

<p><b>I PRIVATE RENT OF WELLNESS CENTRE</b>   90 min   6 person max.</p> <p><i>Sauna and whirlpool rental, including refreshments (bottle of Prosecco and bowl of fruit)</i></p>		2 350 CZK
<p><b>I WHIRLPOOL</b>   45 min   2 person max.</p>		800 CZK
<p><b>I SAUNA</b>   6 person max.</p> <p>Sauna rental</p>	90 min 120 min	600 CZK 750 CZK
<p><i>During the sauna, scented essences can be used in the water for pouring stones in the sweating room.</i></p>		
<p><i>We offer massages during the sauna process (also for groups of several people):</i></p>		
<p><i>Massage of the body parts of your choice</i></p>	30 min	650 CZK
<p><b>I MASSAGES</b></p> <p>Full body aroma oil massage</p> <p>Back and neck aroma oil massage</p> <p>Intensive foot aroma oil massage</p> <p>Arms aroma oil massage and wrap</p>	60 min 45 min 45 min 45 min	980 CZK 850 CZK 850 CZK 850 CZK
<p>Full body chocolate massage</p> <p>Back and neck chocolate massage</p> <p>Upper body chocolate massage for children</p>	60 min 45 min 20 min	980 CZK 850 CZK 380 CZK
<p>Full body lava stones massage</p> <p>Back lava stones massage</p>	60 min 45 min	980 CZK 850 CZK
<p>Indian head massage</p> <p><i>Gentle healing treatment and tension relief in the shoulders and upper arms, neck, scalp, face without the use of oil. It relieves not only physical but also mental tension. It is performed over clothes (comfortable clothes are an advantage). Dear ladies, for a more pleasant experience massage we recommend not to apply hairsprays or hardeners, consider using make-up.</i></p>	30 min	650 CZK
<p><b>I MANUAL LYMPHDRAINAGE</b></p> <p>Loins, buttocks</p> <p>Arms</p> <p>Legs</p> <p>Partial upper or lower body</p>	45 min 60 min 90 min 150 min	980 CZK 1 050 CZK 1 690 CZK 2 220 CZK
<p><b>I RELAXATION BATHS</b>   30 min   2 person max.</p> <p>Fruit bath including refreshment in the form of a bowl of fruit</p> <p>Ginger bath including chocolate rocks</p>		700 CZK 700 CZK

*Opening hours per order, for more information call +420 380 900 900*



**WELLNESS CENTRE**



HOTEL NAUTILUS

*continued*

## I REGENERATION PROCEDURES AND WRAPS

### Angelic wrap

During 90 minutes you will experience an effective harmonizing treatment starting with a wiping the day's worries from the surface of the body (cleansing with warm water).

The following light oil massage will stir up new energy in your bloodstream and the exfoliating salt will prepare your pores for new challenges.

For awareness of the here and now, relax in a honey body wrap butter to nourish your skin in the warmth of relaxation.

90 min

1 450 CZK

### Honey wrap of Queen Kleopatra

Natural honey has an extraordinary effect on the skin and the whole human organism. Massage using honey cleanses the skin from stratum particles and saturates it with oxygen.

This luxury procedure has a relaxing and the curative effect and in conjunction with massage promotes toning, skin regeneration and rejuvenation of cells. It greatly helps eliminate the effect of stress or fast-paced lifestyle.

The procedure includes cleansing with sea water, detoxifying massage, honey wrap, rest and final soothing massage.

180 min

2 800 CZK

## I WELLNESS PACKAGES

### What the woman wants

Give your partner, best friend or mum a free afternoon just for her.

**Package includes:** Fruit bath in whirlpool for 30 minutes, Full body peeling for 40 minutes, Foot massage and paraffin hand wrap for 20 minutes, Refreshments in the form of spring water with citrus, fruit bowl and chocolate pralines.

1 850 CZK

### Romantic relaxation for two

Enjoy a relaxing evening with your partner in our wellness centre.

**Package includes:** Private Finnish sauna for evening candlelight sauna for 60 minutes, Romantic floral bath in the whirlpool including a bottle of prosecco, Massage of the parts of your choice, 30 minutes each.

2 300 CZK

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HOTEL NAUTILUS

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