

<p>I PRIVATE RENT OF WELLNESS CENTRE 90 min 6 person max.</p> <p><i>Sauna and whirlpool rental, including refreshments (bottle of Prosecco and bowl of fruit)</i></p>		2 350 CZK
<p>I WHIRLPOOL 45 min 2 person max.</p>		800 CZK
<p>I SAUNA 6 person max.</p> <p>Sauna rental</p>	90 min 120 min	600 CZK 750 CZK
<p><i>During the sauna, scented essences can be used in the water for pouring stones in the sweating room.</i></p>		
<p><i>We offer massages during the sauna process (also for groups of several people):</i></p>		
<p><i>Massage of the body parts of your choice</i></p>	30 min	650 CZK
<p>I MASSAGES</p> <p>Full body aroma oil massage Back and neck aroma oil massage Intensive foot aroma oil massage Arms aroma oil massage and wrap</p> <p><i>According to your wishes we can offer 'relax' or 'really intensive' massage using aroma oils. This procedure releases muscle tension, stimulates blood circulation and reduces tissue swelling. You will feel relaxed, your skin will be hydrated and scented. We offer several types of massage aroma oils from which you can choose your favorite scent. That's why this massage becomes an unique experience modified for you.</i></p>	60 min 45 min 45 min 45 min	980 CZK 850 CZK 850 CZK 850 CZK
<p>Full body chocolate massage Back and neck chocolate massage Upper body chocolate massage for children</p> <p><i>Massage using special chocolate mixture consisting of an almond oil and cocoa powder. This anti-aging mixture nourishes your skin and returns the elasticity. Emulsions used during this massage contain lot of aroma substances that are the source of your good mood.</i></p>	60 min 45 min 20 min	980 CZK 850 CZK 380 CZK
<p>Full body lava stones massage Back lava stones massage</p> <p><i>Very old and popular way of massaging which uses the heat of warmed stones. Due to this heat the effects of massage strokes get more easily into the muscles. Hot stones even have the ability to get rid of muscle pain and that's why you will feel relaxed and your body will be deeply regenerated after such a massage.</i></p>	60 min 45 min	980 CZK 850 CZK
<p>Indian head massage</p> <p><i>Gentle healing treatment and tension relief in the shoulders and upper arms, neck, scalp, face without the use of oil. It relieves not only physical but also mental tension. It is performed over clothes (comfortable clothes are an advantage). Dear ladies, for a more pleasant experience massage we recommend not to apply hairsprays or hardeners, consider using make-up.</i></p>	30 min	650 CZK

Opening hours per order, for more information call [+420 380 900 900](tel:+420380900900)



WELLNESS CENTRE



HOTEL NAUTILUS

MANUAL LYMPHDRAINAGE

Loins, buttocks

Arms

Legs

Partial upper or lower body

45 min 980 CZK

60 min 1 050 CZK

90 min 1 690 CZK

150 min 2 220 CZK

RELAXATION BATHS | 30 min | 2 person max.

Fruit bath including refreshment in the form of a bowl of fruit

700 CZK

A unique relaxing whirlpool bath containing herbal extracts that, thanks to their distinctive aroma, will wash away stress and take care of your good mood. This relaxing bath with the scent of herbs has a beneficial effect on the psyche and leaves the skin soft and fragrant. Refreshments in the form of a fruit bowl are the finishing touch to this relaxing experience.

REGENERATION PROCEDURES AND WRAPS

Angelic wrap

90 min 1 450 CZK

During 90 minutes you will experience an effective harmonizing treatment starting with a wiping the day's worries from the surface of the body (cleansing with warm water).

The following light oil massage will stir up new energy in your bloodstream and the exfoliating salt will prepare your pores for new challenges.

For awareness of the here and now, relax in a honey body wrap butter to nourish your skin in the warmth of relaxation.

Honey wrap of Queen Kleopatra

180 min 2 800 CZK

Natural honey has an extraordinary effect on the skin and the whole human organism. Massage using honey cleanses the skin from stratum particles and saturates it with oxygen.

This luxury procedure has a relaxing and the curative effect and in conjunction with massage promotes toning, skin regeneration and rejuvenation of cells. It greatly helps eliminate the effect of stress or fast-paced lifestyle.

The procedure includes cleansing with sea water, detoxifying massage, honey wrap, rest and final soothing massage.

WELLNESS PACKAGES

What the woman wants

1 850 CZK

Give your partner, best friend or mum a free afternoon just for her.

Package includes: Herbal bath in whirlpool for 30 minutes, Full body peeling for 40 minutes, Foot massage and paraffin hand wrap for 20 minutes, Refreshments in the form of spring water with citrus, fruit bowl and chocolate pralines.

Romantic relaxation for two

2 300 CZK

Enjoy a relaxing evening with your partner in our wellness centre.

Package includes: Private Finnish sauna for evening candlelight sauna for 60 minutes, Herbal bath in the whirlpool including a bottle of prosecco, Massage of the parts of your choice, 30 minutes each.

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HOTEL NAUTILUS